


February

Dinuba Group X Schedule

0123456789
 10111213141516171819202122232425262728293031

0123456789
 10111213141516171819202122232425262728293031

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
5:00am X-Fit Gary/Freddie	5:00am X-Fit Gary/Freddie	5:00 am Spin Circuit Valerie	5:00am X-Fit Gary/Freddie	5:00 am Spin Circuit Valerie	9:00 am Zumba Mary Lou
6:00am X-Fit Gary/Freddie	6:00am X-Fit Gary/Freddie		6:00am X-Fit Gary/Freddie	*Virtual Classes available upon request!	
	9:00am SilverSneakers@ Muscular Strength Kadi		9:00am SilverSneakers@ Muscular Strength Kadi	 <p>Now offered in the evening! Tuesday & Thursday 6:30pm</p> <p>*Limited space call for reservation</p>	
5:30pm R.I.P.P.E.D. Carolina	5:30pm Belly Dancing Laura	5:30pm R.I.P.P.E.D. Carolina	5:30pm Belly Dancing Laura		
6:30pm Kick N Sculpt Graciela	6:30pm X-Fit Gary/Freddie	6:30pm Kick N Sculpt Graciela	6:30pm X-Fit Gary/Freddie		
	7:30pm Zumba Angela		7:30pm Zumba Toning Maricruz		

Reedley 638-2300

Dinuba: 595-1200

Selma 896-8600